

memories in the making®



"House of Alone" by Patricia Disney

Memories in the Making is made possible thanks to the generosity of Susan Disney Lord, Abigail Disney, Tim Disney and Roy P. Disney in honor of their mother, Patricia Disney.

Capturing precious moments through art for people with dementia

What is Memories in the Making (MIM)?

MIM is a unique fine arts program for people with Alzheimer's disease and other dementias. Previous art experience is not required. The program's creative process provides a safe and validating environment for artistic expression, resulting in a creative and non-verbal way to communicate and capture precious moments through art.

BENEFITS

- Effective method of communication
- Stimulates the brain of person with dementia
- Connects participants with families, professional caregivers and staff through art
- Preserves distant memories and captures the "spirit of the moment"
- Opens up communication about their perceptions of themselves in the world
- Validates and focuses on what remains rather than losses

CLASS DESCRIPTION

- Small group settings. No more than 12 participants at a time
- 6-8 week commitment (first two weeks getting acquainted)
- Classes are held at assisted living facilities, adult day health care, adult day programs, senior centers, and nursing homes
- Art facilitators are compassionate community volunteers, social workers, activity directors, caregivers and family members

To register and for more information, please contact Phyllis Chang, Memories in the Making Program Coordinator at (323) 930-6272 or pchang@alz.org.