



**MOVIMIENTO DE MENORES AELU / MINOR MOVEMENT AELU**

**LiderCambio 2010**  
“Empieza por ti” / “It starts with you”

**PROPOSES:**

Asociación Estadio La Unión (The Union Stadium Association) through Movimiento de Menores AELU.

**ORGANIZES:**

Movimiento de Menores AELU.

**VENUE FOR THE EVENT:**

Lima, Peru.

**DATE OF EVENT:**

**From January 16th to January 21th, 2010**

**ADDRESSED TO:**

Yuth adults and teenagers who belong to Nikkei organizations.



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## 1. LIDERCAMBIO 2008

The Movimiento de Menores AELU, which was formed 28 years ago, is a young people group that is dependent of the Asociación Estadio La Unión, and has for objective the education of children, teenagers and young people so that they become good people capable of leading changes in society.

Among the most important activities of the Movimiento de Menores AELU, we have the Vacation Program and the Lidercambio.

Lidercambio is a youth nikkei international exchange program addressed to teenagers and youth adults who have leadership interests, which consists on a complete training that includes recreational, cultural, sports, and social activities; also conferences and workshops about leadership topics and tools, which in a simple, applicable and dynamic way will show the importance of its use. These tools will let the participants accept the challenge of facing a new world that they will have to lead.

In order to reach all the objectives of the Lidercambio (detailed further on), it is important that all the participants be supported by offering them opportunities to put in practice all the learned concepts, as well as, placing them in appropriate situations to carry out activities and projects of their own.

## 2. KNOW YOURSELF AND GENERATE

This year, the Lidercambio 2010 has as cross axis the self-discovery. This topic will go together and structure the content of the program in general, relating the different and various workshops and activities of the entire lidercambio, having as slogan "*Empieza por tí*" (It starts with you) and in this manner promoting the desire of self improvement in a personal and professional context.

We will tackle the topic of self-rediscovery, by starting to recognize the abilities and aptitudes of every one, and then develop them and promote them in the practice itself. This way, they will be used not only for the benefit of personal goals, but also for the service of one's social environment, creating the agents of change we want in the world.

### 3. OBJECTIVES OF THE LIDERCAMBIO

#### General Objective

- Help with the leadership abilities development in youths and teenagers who belong to nikkei organizations, through recognizing personal interests and enhancing leadership abilities.

#### Specific Objectives

- Tighten friendship and cooperative ties between the participants in an integrated, funny, supporting and respectful environment.
- Exchange experiences with teenagers and youths who belong to nikkei organizations from the provinces of Peru and other countries, in order to know the current situation of the groups from these organizations.
- Provide learning environments in which planning, organizational, and executive tools of activities lead by teenagers and youths are given.
- Know and appreciate different aspects of the nikkei identity and of the Japanese culture that are developed in the Peruvian-Japanese community.

### 4. METHODOLOGY

The Lidercambio 2010 program is based on the experience as a component and - at the same time - as a learning environment. Through the concrete experience, the participants start a process which begins by identifying the personal and group experience and ends by observing and reflecting in an analytical way this experience, identifying and defining the key elements for the practice itself, and finally, put into practice what was learnt.

This process of learning promotes the active participation of teenagers and youths in sessions, where their personal or group experiences and reflections become a part of the learning product. The lecturers who deliver learning sessions facilitate the learning. Their abilities of posing a problem, asking, listening, having a conversation and debating are useful to the leading of gaining knowledge.

The cross axis can be seen in meetings or workshops through key questions that the lecturer poses and comments he makes, this is how the subject matter is introduced in every session. This can be noticed every time they need to reach a goal to be able to accomplish something, such as games, competitions, group work or even to organise an activity on the part of the participants.

Because the personal or group experiences are different, the Exchange program proposes learning environments of diverse characteristics. Among them we have: meetings, lectures, theoretical-practical workshops, personal and group tutoring, activities to put in practice what is learnt, and more.

## 5. REQUIREMENTS

### Teenager Program (Intercambio):

- Must be between 13 and 17 years old.
- Must belong to a group or be a member of any of the organizations invited by the country that organises the event.

### Youth Adult Program (Seinenbu):

- Must be between 18 years and 35 years old.
- Must belong to a group or be a member of any of the organizations invited by the country that organises the event.
- Must have leadership interests or have experience in:
  - Education of minors.
  - Leadership education.

## 6. NUMBER OF PARTICIPANTS PER INSTITUTION.

The number of participants per institution must be 16 people at the most.

## 7. CONTACTS

### Lidercambio 2010 e-mail address

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### General Coordinators

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## **8. REQUIREMENTS FOR THE PARTICIPANTS:**

The participants will need light clothes to wear during the day and warm clothes for the evening and night, as well as, old clothes (that can get dirty) for the Inmocomov.

## **9. COST**

Per participant: USD\$ 130.00



## **ABOUT YOURSELF**

- What can you say about yourself? (personality)

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- Describe yourself (virtues / flaws)

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- What are your expectations about the Lidercambio?

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## **CULTURAL NIGHT**

It is an artistic-cultural show where each of the delegation will do a performance that identifies aspects of their respective communities.

Instructions:

- ❖ The artistic-cultural show must represent your community.
- ❖ The delegation can choose any genre (dance, musical performance typical of the place of origin, comedy act, etc.).
- ❖ The show must last 15 minutes at the most.
- ❖ Each delegation will be responsible for their wardrobe and other necessary elements for the setting of their respective shows.
- ❖ The commission of organization will provide materials like paper, pencils, and more.
- ❖ All participants of every delegation must participate on the show.
- ❖ The following must be attached to the information form:
  - A brief description of what it is going to be performed.
  - An intro (to be read on the Cultural Night when presenting the show).
  - Technical necessities, if needed (microphones, media players, etc.)
  - If any type of background music or tracks is needed, it must be sent by e-mail as an mp3 format. Also, one of the participants must bring a backup (CD, USB flash drive or any other type of storage).
  - All of the above must be sent by e-mail or delivered to the commission of organization on January 5, 2010 at the latest.